Selkirk Crest, Idaho  
Survivor Trek, Hiking  
Located in the Idaho Panhandle National forest, the Selkirk Mountains begin in Sandpoint and stretch north all the way into Canada. The Selkirk Mountains are littered with high granite peaks and abundant with alpine lakes. Numerous animals such as moose, elk, deer, bear, mountain lions and various birds of prey call this home.

Upper Missouri River, Montana  
Survivor Trek, Canoeing  
The Upper Missouri has a rich and interesting history, including Lewis and Clark campsites, century-old pioneer homesteads. Wildlife abounds throughout the area where elk, mule and white-tailed deer, big horn sheep, coyotes, and pronghorn antelopes can be seen.

Upper Missouri River, Montana  
Caregiver/Survivor Trek, Canoeing  
In 2015 we are offering an amazing survivor-caregiver trek. Caregivers are defined as anyone who has or currently provides support for the cancer survivor, including spouses, siblings, parents and friends. This trek follows the same itinerary as our other Upper Missouri River Trek.

Green River, Utah  
Survivor Trek, Canoeing  
Come join us and paddle the historical and the relaxing waters of the Green River in Utah. We will paddle 55 plus miles from the put in to the take out, while along the way witness and experience sights and sounds that only Utah’s desert has to offer.

Ready to apply or need information?  
Email Gwen: gwenvictorson@truenorthtreks.org  
Call Gwen: (208) 627-8628  
Apply online: www.truenorthtreks.org