Join us for a group dedicated to young adults 18-39 years old coping with cancer during treatment or survivorship.

Come grab a bite, hear about topics that directly affect you, and connect with others who "get it". Our hope is to help you feel a little less alone, a little more informed, and make it a little less overwhelming. Topics may include things such as nutrition, financial toxicity, relaxation and meditation, relationships, fertility, school, career, among other topics.

This drop-in group is open to individuals who have been diagnosed with cancer between the ages of 15-39, are currently 18-39, and have received cancer treatment through the Lurie Cancer Center. No advance registration required.

The meeting on the third Tuesday of each month is open to caregivers as well.

**when**

The **first Wednesday** of each month from 6:00-7:30 pm:
Group dedicated to AYAs, no caregivers present

The **third Tuesday** of each month from 6:00-7:30 pm:
Caregivers are welcome to the group with AYAs

*The time and date are subject to change. Up to date information will be provided via email.

**where**

Galter Pavillion, 21st floor conference room
675 N. St. Clair Street, Chicago, IL

**contact**

Jennifer Carrera at jennifer.carrera@nm.org

*Contact Jennifer to be added to the email list and receive updates about upcoming meetings and other relevant information.

http://cancer.northwestern.edu/ayao

Light refreshments will be provided. Times and dates subject to change.