

# monthly young adult cancer programming

Due to the ongoing nature of COVID-19, we are hosting our monthly programming online. Join us for groups dedicated to adolescents and young adults (AYAs) coping with cancer during treatment or survivorship and their caregivers. Advance registration is required. Please contact Jennifer Carrera at [jennifer.carrera@nm.org](mailto:jennifer.carrera@nm.org) to register.

Come hear about topics that directly affect you and connect with others who "get it". Our hope is to help you feel a little less alone, a little more informed, and make it a little less overwhelming.

There are two monthly support groups. One is open to individuals who have been diagnosed with cancer between the ages of 15-39 and are currently 18-39. The second group is dedicated to their caregivers (e.g. parents, spouses, significant others, friends, etc.). To participate in these groups, you need to have received some of your cancer care at the Lurie Cancer Center.

"It's a C Thing Hangout" is open to anyone diagnosed with cancer between the ages of 15-39 as well as a guest of your choosing.



## when

The **first Wednesday** of each month from 6:00-7:30 pm:

-Group dedicated to young adults, no caregivers present

The **second Tuesday** of each month from 6:00-7:30pm:

-Group dedicated to caregivers, no young adult survivors present

The **third Wednesday** of each month from 6:00-7:30 pm:

-It's a C Thing Hangout

*\*The time and date are subject to change. Up to date information will be provided via email.*

## where

Virtual videoconference

## contact

Jennifer Carrera at [jennifer.carrera@nm.org](mailto:jennifer.carrera@nm.org)

*\*Contact Jennifer to be added to the email list and receive updates about upcoming meetings and other relevant information.*



<http://cancer.northwestern.edu/ayao>